

Traditional Chinese medicine and oral health

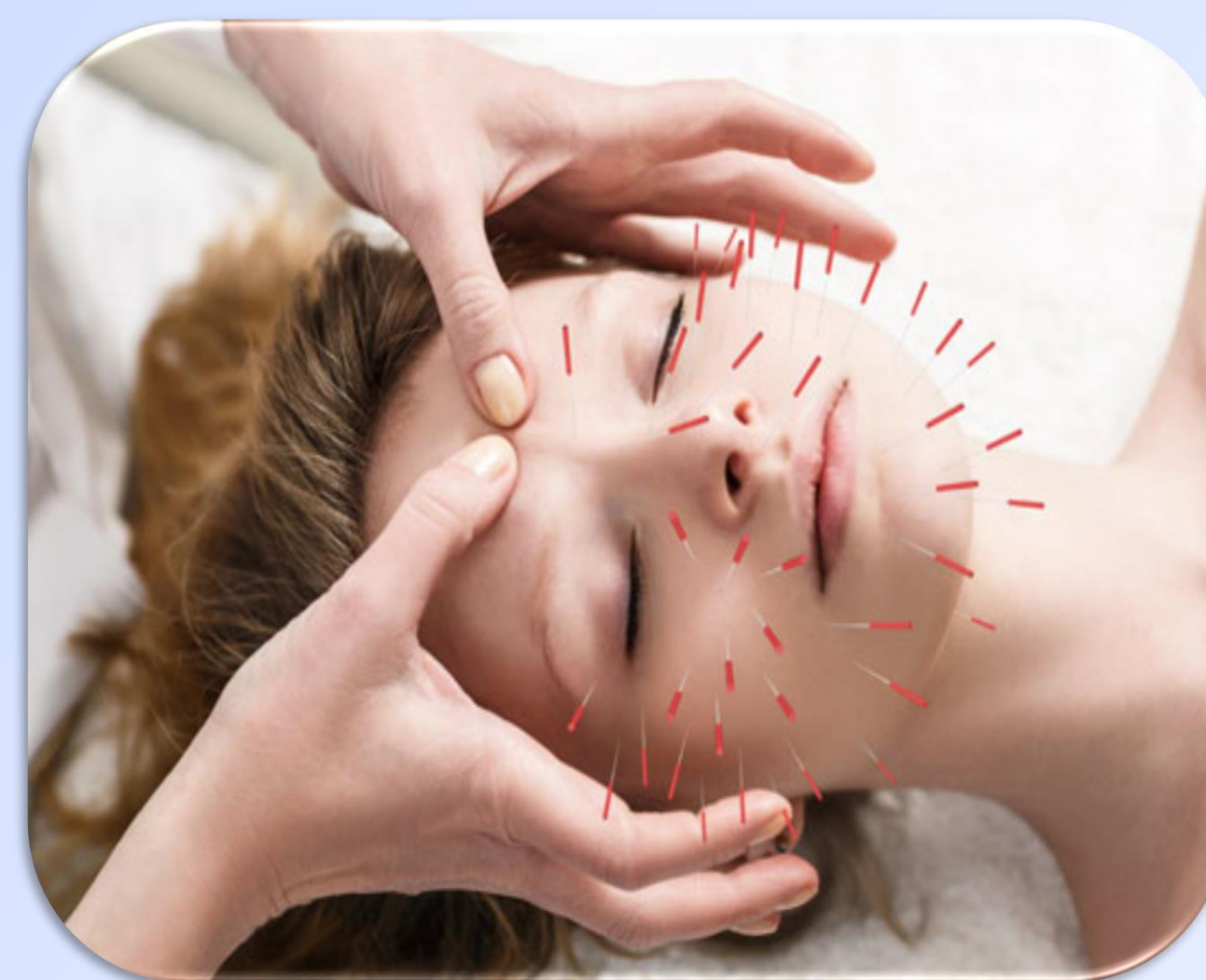
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Introduction

Traditional Chinese medicine with its long history of use has established its own and unique system of diagnosis and treatment of many different diseases. In most cases, the typical TCM in her treatment includes herbal and dietary therapy, acupuncture and qigong exercises. TCM considers the acupuncture to be particularly efficacious in all conditions and diseases above the neck, due to the convergence of all major meridians and qi flow at the top of the head.



Methods and materials

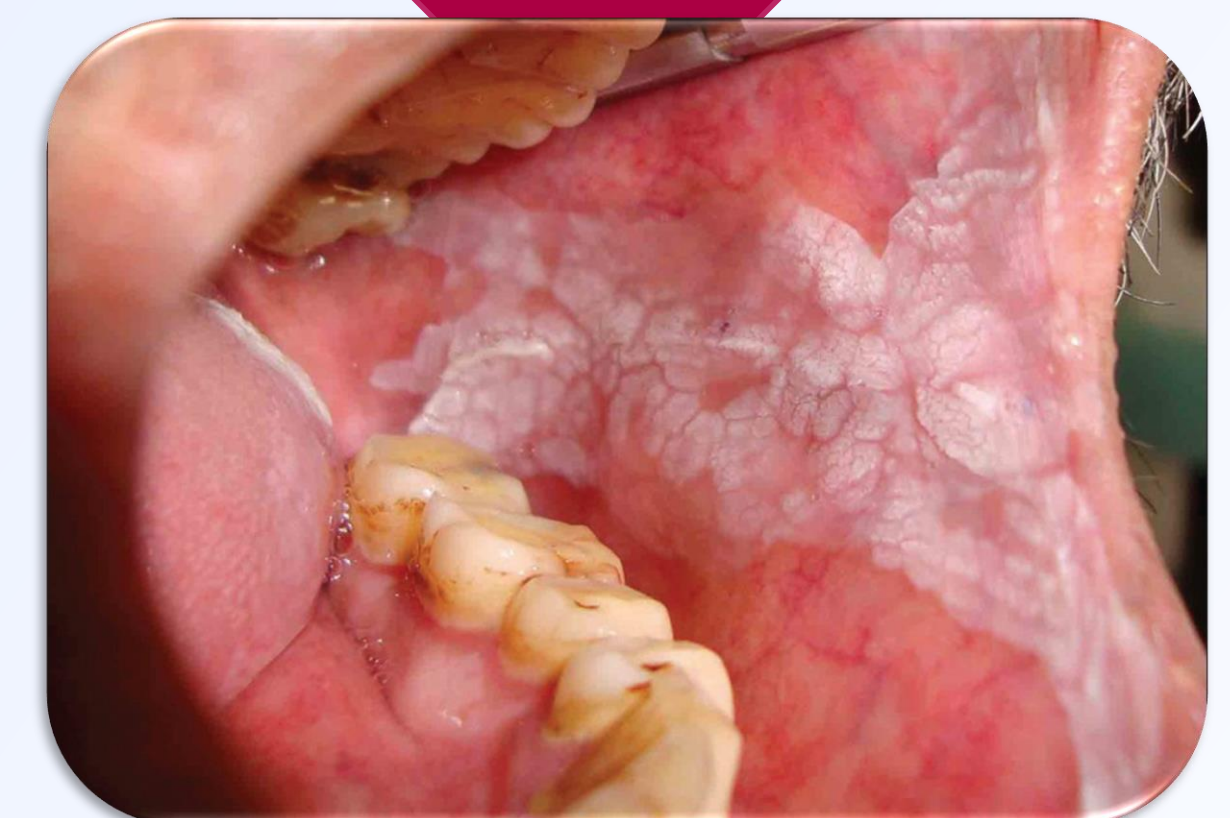
Few professional books intended for this issue, as well as searches and trials of abstracts and recent studies were included during this examination.

Results

We found many studies that demonstrate the successful use of traditional Chinese medicine in leukoplakia, oral lichen planus, Sjögren syndrome, aphthous stomatitis, headaches, neuralgia, and pain after tooth extraction.



Leukoplakia



Discussion

Most of the papers were case reports and lacked standardized assessment criteria after completing treatment, as well as laboratory evidence that will support the findings.

Conclusion

It requires randomized controlled clinical trials with specific assessment criteria to clarify some questions and close the gap between TCM and evidence-based medicine.



Post-extraction pain



Neuralgia



Headache



Aphthous stomatitis



Oral lichen planus